

# InMotion March 2012



Happy Spring! There are flowers blooming all over town, sometimes the sun even shines, and the temperatures are warming up so get out there and enjoy it. Take a hike, a bike ride or even just walk to the corner store for a gallon of milk.

A great goal for this spring could be to replace one car trip a week with walking, biking or taking the bus! Go for it!

Stay informed about the Pedestrian and Bicycle Master Plan at: [www.eugenepedbikeplan.org](http://www.eugenepedbikeplan.org)

*InMotion is a monthly e-newsletter produced to help communicate with Eugene's biking and walking enthusiasts. Each month you will find information about upcoming local events and advocacy opportunities that pertain to all forms of active transportation. Please feel free to forward this great community resource to anyone you think might enjoy it.*

**F**ind The City of Eugene Transportation Planning on Facebook. Become a fan of our page and stay up to date on current activities, events and news.



*If you are not a Facebook user you can simply view our page by clicking the button to the left. You do not have to become a Facebook member to view the page.*

## In this issue:

### **MONTHLY SPOTLIGHT**

Draft Transportation Goals, Projects ready for Public Review

Open House in River Road Area to Discuss Bike Lanes on Silver Lane – March 13

### **FEATURED NEWS**

Carsharing Coming to Eugene and Springfield – April 2

Mini-Grants Awarded for Bicycle Education and Safety Projects

### **GET INVOLVED – Public Involvement Opportunities**

Envision Eugene Community Forums

Eugene Bicycle Pedestrian Advisory Committee – April 12

### **AREA EVENTS**

SmartTrips: Gateway Noon Bike Ride – March 16

GEARs Bike Safety Class Schedule - 2012

Skateboarding Drop-In Lessons Offered on Wednesdays

Bike Riding for Fun & Fitness - FREE!

Walking Groups

Rock Climbing: Community Climb Time @ ATA

March Kidical Mass - March 17

WREN's Family Exploration Day at Golden Gardens Ponds - April 14

## **CONSTRUCTION UPDATES**

Road Construction Traffic Advisories

How to Report Maintenance Issues for City Facilities

## **MONTHLY SPOTLIGHT**

### **Draft Transportation Goals, Projects ready for Public Review**

Community members are invited to comment on ideas for the City of Eugene's Transportation System Plan, or "TSP." Draft goals, objectives, and policies, which will shape future funding decisions and city work priorities around transportation projects, and lists of potential transportation projects, will be available for review and comment at six community forums coordinated with the Envision Eugene project.

The time and place for the Community Forums are:

- **Tuesday, March 20** from 6:00 pm - 8:00 pm at Petersen Barn Community (870 Berntzen Road)
- **Thursday, March 22** from 6:00 pm - 8:00 pm at North Eugene High School (200 Silver Lane)
- **Tuesday, April 3** from 6:00 pm - 8:00 pm at Churchill High School (1850 Bailey Hill Road)
- **Thursday, April 5** from 6:00 pm - 8:00 pm at The Studio at the Hult Center (1 Eugene Center)
- **Tuesday, April 10** from 6:00 pm - 8:00 pm at the Sheldon Community Center (2445 Willakenzie Road)
- **Thursday, April 12** from 6:00 pm - 8:00 pm at the South Eugene High School (400 E. 19th Avenue)

The transportation information will also be online at [www.EugeneTSP.org](http://www.EugeneTSP.org). You can review the materials and provide feedback through an online questionnaire between March 20 and April 30th.

Eugene's Transportation System Plan will define how the local transportation system should change to meet the needs of Eugene's residents, businesses, and visitors now and to the year 2035. The Transportation System Plan uses the Eugene Pedestrian and Bicycle Master Plan as the basis for its recommendations for pedestrian and bicycle improvements.

**The Transportation System Plan Open House originally scheduled for March 21st has been cancelled.** Instead, transportation plans will be presented for public comment at six Envision Eugene Community Forums, dates above, beginning on March 20th.

For more information about the project visit the project website at [www.EugeneTSP.org](http://www.EugeneTSP.org) or contact Kurt Yeiter, City of Eugene at 541-682-8379, or email [Kurt.M.Yeiter@ci.eugene.or.us](mailto:Kurt.M.Yeiter@ci.eugene.or.us).

### Open House in River Road Area to Discuss Bike Lanes on Silver Lane – March 13

Please join the City of Eugene and the River Road Community Organization for a community open house at:

River Road Emerald Park  
(1400 Lake Drive, Room E)

March 13, 2012 at 7 p.m.

The meeting will include plans to install bike lanes on Silver Lane from River Road to Grove Street this summer. Installation of bike lanes on Silver Lane will necessitate removing on-street parking on the north side of Silver Lane from River Road to Grove Street.

City staff will also present designs for new river path connectors at Rasor Park, Merry Lane, and Fir Lane and will discuss future projects listed in the Eugene Pedestrian and Bicycle Master Plan.

For more information please contact:

Reed Dunbar, Transportation Planner, at 541-682-5727 or email at [reed.c.dunbar@ci.eugene.or.us](mailto:reed.c.dunbar@ci.eugene.or.us).

## **FEATURED NEWS**

### Carsharing Coming to Eugene and Springfield – April 2

Point2point Solutions at Lane Transit District is pleased to announce that carsharing will soon be available in Eugene and Springfield. WeCar, a division of Enterprise Rent-A-Car, has been selected to operate a regional carsharing program in the Eugene-Springfield Metro area, launching on April 2, 2012.

Carsharing is a shared use membership program that provides community members an alternative to car ownership by offering easy access to cars on an hourly basis. Members joining in the first year will receive incentive pricing of \$25 annual membership fee (reduced from \$50) and \$35 in driving credits.

In addition to saving money, carsharing provides sustainable transportation options by reducing the number of cars on the road and reducing parking demand in our region. Cars will be located at three convenient locations in downtown Eugene and one location in downtown Springfield.

For more information on this exciting new program contact: Tracy Ellis, Point2point Solutions at Lane Transit District (541) 682-6213 or e-mail [tracy.ellis@ltd.org](mailto:tracy.ellis@ltd.org).

### Mini-Grants Awarded for Bicycle Education and Safety Projects

The Greater Eugene Area Riders Cycling Club (GEARs) has awarded \$2500 in mini-grants to promote bicycle education and safety. Recipients of the 2012 mini-grants are Safe Routes to School, Nearby Nature, the University of Oregon Outdoor Program, the City of Eugene "Sunday Streets" program, and St. Vincent dePaul's.

Applications for GEARs mini-grants totaled over \$16,000, reflecting a huge need for bicycle safety in the Eugene area. Mini-grant funds will be used to provide bicycle parts, lighting, and locks for students and low-income people, purchase bicycles for bike safety classes in the Bethel School District, and install a 24-hour “Bike Fixit” station on the University of Oregon campus.

GEARs also has offered free registration in its “Confident Cycling” classes to organizations that applied for mini-grants. These classes provide both classroom instruction and on-the-bike practice in riding safely and legally on city streets. For more information on GEARs Confident Cycling classes, see <http://edu.eugenegears.org/classes>.

GEARs is a non-profit organization that promotes bicycle riding for transportation and recreation. For more information, see <http://eugenegears.org/>

### **GET INVOLVED – Public Involvement Opportunities**

#### **Envision Eugene Community Forums**

Envision Eugene is our community process for creating and achieving a vision for accommodating our future growth. Up to 34,000 more residents are anticipated in the city over the next 20 years. In March 2011, the draft proposal entitled Envision Eugene: A Legacy of Livability was released. The past 12 months have focused on staff and committee work to refine the draft strategies in the proposal. This month the work will result in a determination on Eugene’s final land need for housing and jobs. The City Manager will present a draft recommendation, or planning framework, for accommodating our land needs on March 14. The recommendation will be posted on the website at [www.envisioneugene.org](http://www.envisioneugene.org) and available at public buildings throughout the city. A series of six community forums will be held to gather feedback on the draft recommendation; an on-line survey will be available; and a public hearing is scheduled for April 16. Potential council action on the draft recommendation is scheduled for May 16.

#### **Schedule of Community Forums**

\*All from 6-8 pm\*

March 20 – Petersen Barn  
March 22 – North Eugene High School  
April 3 – Churchill High School  
April 5 – The Studio at the Hult Center  
April 10 – Sheldon Community Center  
April 12 – South Eugene High School

The meeting format includes a staff presentation followed by interactive discussion among community members on the recommendation maps and strategies. Pick up a survey to fill out later, or complete it on-line at [www.envisioneugene.org](http://www.envisioneugene.org).

Progress on the Eugene Transportation System Plan will be highlighted at the forums as well. New goals and objectives have been drafted, and a list of potential construction projects is being compiled in coordination with Envision Eugene. Learn more about the TSP and provide comments at the forums and at [www.EugeneTSP.org](http://www.EugeneTSP.org).

Community feedback is critical to having a successful plan. To learn more about Envision Eugene, contact Terri Harding, Envision Eugene Public Involvement Manager, at (541) 682-5635 or [terri.l.harding@ci.eugene.or.us](mailto:terri.l.harding@ci.eugene.or.us).

#### Eugene Bicycle Pedestrian Advisory Committee – April 12

Thursday, April 12, 2012, 5:30 to 7:30 p.m.

Sloat Conference Room (Enter from the back alley off 10th Ave.),  
Atrium Building, 99 W. 10<sup>th</sup>, Eugene, OR 97401

Eugene's Bicycle and Pedestrian Advisory Committee (BPAC) advises the City of Eugene Transportation Planning staff and community organizations and partners on implementation of the Pedestrian and Bicycle Strategic Plan, represents community and constituent interests in transportation planning decisions, and provides feedback to staff on projects relating to walking and bicycling. Guests and members of the public are always welcome to attend.

All BPAC meetings are open to the public; guests will be provided with opportunities to speak at the beginning of each meeting. The staff liaison to the BPAC is Lee Shoemaker, Bicycle and Pedestrian Coordinator at (541) 682-5471.

### **AREA EVENTS**

#### SmartTrips: Gateway Noon Bike Ride – March 16



SmartTrips Gateway is hosting a fun, free bike event during the noon lunch hour! Please join us at the Springfield City Hall Outdoor Plaza at 12pm sharp on Friday, March 16th. We will enjoy a short bike ride followed by a free lunch catered by Terese's Place. Kick-off by Mayor Christine Lundberg. Everyone is welcome! For more information, please visit [www.smarttripsgateway.com](http://www.smarttripsgateway.com)

#### GEARs Bike Safety Class Schedule - 2012

The purpose of these classes is to provide an opportunity for people at all levels to learn more about bicycling - the laws that govern us in Oregon, the kinds of crashes that are the most common and how to avoid them, and ways to apply the principle "Bicyclists fare best when we act and are treated as drivers of vehicles."

VIEW CLASS SCHEDULE HERE: <http://edu.eugenegears.org/classes>

#### Skateboarding Drop-In Lessons Offered on Wednesdays

The City of Eugene Outdoor Program invites skateboarders, age 5 and up, to learn the fundamentals of skateboarding and park riding at drop-in skateboarding lessons from 3:30-5:30 p.m. every Wednesday through May 9, at the U.S. SportsPlex, 4540 Commerce St. in Eugene. Children 18 & under must have parent present to register.

The cost is \$8 per lesson, paid on site. Helmets required, full pads highly recommended. Helmets, pads, and skateboards are available for loan.

For more information call 541-682-5329.

### Bike Riding for Fun & Fitness - FREE!

The City of Eugene Adult Services program invites senior bike riders to participate in weekly bike rides that depart from Campbell Community Center, 155 High St., for in-town rides each Wednesday.

Rides begin at 10:30 a.m. January-April; at 9:30 a.m. beginning in May. Helmets are required; weekly attendance is not. Rides vary in length and time depending on ability. Free and drop-in; no registration required.

For more information call 541-682-5318.

### Walking Groups

Self-led groups walk 9-11 a.m. on Fridays from Campbell Center, 155 High St., and 9:30-10:30 a.m. on Thursdays from Petersen Barn Center, 870 Berntzen Rd. The Campbell group typically does 3-5 miles at a brisk pace and may stop for coffee along the way. Both are drop in, no registration, and free. No walks when centers are closed. Call 541-682-5318 for information.

### Rock Climbing: Community Climb Time @ ATA

The City of Eugene Outdoor Program invites families to learn rock climbing basics, practice indoor climbing, and spend quality time together in a safe, supportive environment 5:30-8:30 p.m. every Tuesday at the Art & Technology Academy (Jefferson MS), 1650 W. 22nd Ave. March 13 will be a "Circus climb" and there is no climb on March 27.

The cost is \$5 and includes instruction, equipment and maintenance. Climbers age 4 and up must fit into a climbing harness. Ask about the family season pass – a great value at \$75! Drop-in only; no registration required.

For more information call 541-682-5329.

### March Kidical Mass - March 17

St. Paddy's Day Kidical Mass Ride

Meet at 3pm at Monroe Park and ride to Greenway Bike Bridge (at Maurie Jacobs Park)  
Wear green (or plaid) and bring some green treats to share if you'd like. Bagpipes optional.  
If the weather is nice we can share our treats in the park and if it's not so nice we can find a warm and cozy spot depending on the number of folks. We'll have a tentative schedule of rides to share and will talk about volunteer leads for those rides too! See you on Saturday!

Kidical Mass is a legal, safe and FUN bike ride for kids, kids at heart, and their families. All types of bikes, trailers, trail-a-bikes, Xtracycles, longtails, bakfiets, Long Johns, tandems, folders, trikes, and whatever rolls are welcome! We celebrate the fact that Kids are Traffic Too and aim for family fun on vehicles that don't hurt the future! It's just another excuse to pedal around town with your family.

### WREN's Family Exploration Day at Golden Gardens Ponds - April 14

EUGENE, OR – Willamette Resources & Educational Network (WREN) will host the first spring program of the 2012 series of Family Exploration Days at Golden Gardens Ponds on Saturday,

April 14th, 2012 from 10 am to 2 pm. The event is FREE and open to the public. Participants are asked to meet at the pull-off located north of Barger Drive, at the intersection of Golden Gardens Street and Jessen Drive. Participants should bring a picnic lunch, water and wear sturdy shoes.

Early spring is an exciting time to explore the West Eugene Wetlands with your family. Golden Gardens Ponds holds such a dynamic history in the community and the West Eugene Wetlands. Participants will be able to catch insects, investigate plants, watch wildlife, and enjoy experiential learning in nature. WREN staff and volunteers will be on hand to check-out nature exploration equipment and provide guidance for independent exploration of the wonders in the wetlands.

“WREN’s Family Exploration Days provide children of all ages the opportunity to investigate the wonders of the great outdoors,” said Susanna Hamilton, WREN Staff & Volunteer Coordinator and Environmental Educator. “It’s an opportunity to learn and play in the wild places that exist within the City of Eugene.”

This event is generously supported by a grant from the Bureau of Land Management. The BLM’s vision is to enhance the quality of life for all citizens through the balanced stewardship of America’s public lands and resources. Its mission is to sustain the health, diversity, and the productivity of the nation’s public lands for the use and enjoyment of present and future generations.

About WREN: For more information about WREN Family Exploration Day at Golden Gardens Ponds check our website at <http://www.wewetlands.org>.

Our office is located at the northeast corner of W. 11th Ave and S. Danebo Ave, just north of the creek. The general phone is 541.338.7047.

[\(TOP\)](#)

## **CONSTRUCTION UPDATES**

### **Road Construction Traffic Advisories**

- Check the [PW Projects](#) site for the latest information on road work in the Eugene area.
- Go to [www.keepusmoving.info](http://www.keepusmoving.info) for regional project reports, including City of Eugene, ODOT and other agencies
- For the most current updates, go to [www.twitter.com/EugenePW](https://twitter.com/EugenePW)



### **How to Report Maintenance Issues for City Facilities**

Glass on the path, leaves in the bike lane, or bushes overhanging the sidewalk? Report it to the City of Eugene!

Here are three options for reporting maintenance issues in bike lanes, on multi-use paths, sidewalks. You can use the first two to report any other issues in city right of way or parks:

1. Call 541-682-4800 during business hours.
2. Send an email to: [pwmaintenance@ci.eugene.or.us](mailto:pwmaintenance@ci.eugene.or.us)



3. Go to the City website – [www.eugene-or.gov](http://www.eugene-or.gov) , then go to the dropdown menu on the left side and choose Public Works Maintenance, then click on “Bike Lane Service.”

## **CITY RESOURCES**

### **Report a Pothole Program**

It's easy to report a pothole to the Eugene Public Works Maintenance Division! There is even a handy online pothole reporting form available at [www.eugene-or.gov/pothole!](http://www.eugene-or.gov/pothole!) The form will ask for some brief information about the pothole, including its location (if on the path, try to give as much location info as possible). There's also a place for you to provide your contact information. If you would prefer, you can call Public Works Maintenance at 541-682-4800 between 8 a.m. and 5 p.m. Monday through Friday and file the report over the phone.

If you'd like to follow up with the City after making a pothole request, just send an email to [pwmaintenance@ci.eugene.or.us](mailto:pwmaintenance@ci.eugene.or.us) with the word "pothole" in the subject line.

(Please remember that Eugene Public Works only repairs potholes on streets/paths in the city of Eugene. We will make a field inspection of every reported pothole within two business days. In many cases we will immediately fill the pothole; however, in some cases we may choose to wait to schedule an alternate treatment such as maintenance overlay. FMI: go to [www.eugene-or.gov/pothole](http://www.eugene-or.gov/pothole).)

[\(TOP\)](#)

## **COMMUNITY RESOURCES**

### **Water Bottles to Benefit the Jane Higdon Foundation**

Honorary water bottles are being sold, with all proceeds going to help support the Jane Higdon Memorial Fund. The water bottles are \$5.00 and being sold at Newman's Fish Co. at 1545 Willamette Street, Eugene. Jane was an avid cyclist. She wanted to make a difference in the world and focused on ways to make her life more meaningful. She was tragically killed in 2006, when she was struck by a truck while on a bicycle training ride on a beautiful Oregon rural road.

The Memorial Fund supports scholarships and grants to encourage girls and young women to pursue healthy, active lifestyles and academic excellence. The Memorial Fund also makes donations to non-profits that advocate and work for bicycling and pedestrian safety in Oregon. Additional information can be found at: [www.janehigdonfoundation.com](http://www.janehigdonfoundation.com)

Don't Forget to Purchase Your "Share the Road" License Plates



Oregon residents can help support cycling throughout Oregon by purchasing "Share the Road" license plates from the Oregon State Department of Motor Vehicles. Proceeds go to the [Bicycle Transportation Alliance](#) and [Cycle Oregon](#) to help fund bicycle education and advocacy.

<http://www.oregon.gov/ODOT/DMV/vehicle/platenonprof.shtml#share>



## GOVERNMENT

[Point2Point Solutions](http://www.ltd.org/cs/csindex.html) promotes and offers transportation options programs to the Lane County region's businesses, organizations, and educational institutions for their employees, staff and students. It is supported by Lane County's jurisdictions and is housed at Lane Transit District, <http://www.ltd.org/cs/csindex.html>

[www.eugene-or.gov/bicycles](http://www.eugene-or.gov/bicycles) the City of Eugene website contains bike maps and resources for biking in Eugene.

[www.keepusmoving.info](http://www.keepusmoving.info) This site is user friendly and contains regional information about the transportation planning process, current projects, and information about transportation options. The site is maintained by the Lane Council of Governments.

The [Oregon Department of Transportation](#) (ODOT) website includes links to the [Oregon Bicycle Manual](#) and information on laws and regulations and a list of [bike travel web resources](#).

Smart Ways to School ([www.swts.ltd.org](http://www.swts.ltd.org)) offers free services to parents of K-12 students to help them walk, bike, carpool, or ride LTD to school. We offer a SchoolPool, a free carpool-match service. We can help parents find other students to form a walking or bicycling "school bus." Smart Ways to School also manages the free LTD pass program for students in grades 6-12. Call 682-6212.

UO Bike Program now offers bicycle maintenance classes every term. Call 541-346-4365 or come into the [Outdoor Program](#) office in the basement of the EMU to register.

The [U of O Department of Public Safety](#) strongly encourages bicycling as a way of responsible transportation. With Oregon weather, bicycling in winter months can be discouraging and challenging for those that may not have the proper riding gear. You'll find information in this site about the availability of covered parking, safety recommendations, and a listing of local shops where you may purchase adequate gear for the conditions.

The [Eugene Transportation System Plan website](#) has been updated to include notes from the Sustainable Transportation Analysis and Rating System (STARS) workshop. The online Transportation Library has the following additions:

- [ODOT's New Active Transportation Section](#)
- [How to dedicate funding for non-highway modes?](#)
- [Six trends spell trouble for transportation funding](#)

The Transportation Community Resource Group will not meet again until after the New Year.

[Lane Council of Governments](http://www.thempo.org/) is the Central Lane Metropolitan Planning Organization, the lead agency for regional transportation planning and distributing federal transportation dollars for the central Lane County area. It serves as a forum for cooperative transportation decision making within the region. The website has information about opportunities for public comment, news and events, meetings, and transportation plans and programs. <http://www.thempo.org/>

[\(TOP\)](#)

COMMUNITY PARTNERS:

The Bicycle [Transportation Alliance \(BTA\)](http://www.bta4bikes.org) is a statewide organization that works to promote bicycle use and safety and to improve bicycling conditions throughout the state of Oregon. In the Eugene/Springfield area, the BTA's Bicycle Safety program brings safety education to middle schools every year. For more information, go to [www.bta4bikes.org](http://www.bta4bikes.org) .

[BikeLane Coalition](http://www.bikelanecoalition.org) is a local non-profit organization that promotes safe cycling in Lane County. Membership opportunities include the Corporate Membership option: web page for the company, commuting assistance and route planning; and the Premium Membership option that includes membership in the League of American Bicyclists, The League Magazine, Bicycle Magazine, Roadside assistance and the usual benefits of membership such as discounts at participating bike shops. A discount is offered for those already members of other local cycling organizations. For more information go to [www.bikelanecoalition.org](http://www.bikelanecoalition.org)

[Center for Appropriate Transport \(CAT\)](http://www.catoregon.org) is a non-profit organization committed to community involvement in manufacturing, using, and advocating sustainable modes of transportation. The first organization of its kind, the Center was founded in Eugene, Oregon in the fall of 1992. Since that time the CAT has established a number of projects under one roof designed to further this mission including Pedalers Express delivery service, education and youth programs, Eugene Bicycle Works community bike shop, and more. CAT has also established an apprenticeship program that focuses on cargo bike frame building. For more information, go to [www.catoregon.org](http://www.catoregon.org)

[Eugene-Springfield Mossback Volkssport Club](http://www.mossbacks.org) - Volkssports, literally "popular" or "folk" sports, are organized walking, swimming, bicycling, roller skating, and cross-country skiing events providing exercise that contributes to physical fitness. The Mossback Club usually meets on the third Wednesday of each month at 7:00 pm at the Willamalane Senior Adult Activity Center, 215 West C Street, Springfield. Please call 726-7169 or 747-6470, to verify meeting location. Club events are listed and described at their website, [www.mossbacks.org](http://www.mossbacks.org). For more information contact Carmella at [mossbackclub@comcast.net](mailto:mossbackclub@comcast.net) .

[GEARS \(Greater Eugene Area Riders\)](http://www.eugenegears.org/) invites the community to join club members on [several weekly bike rides](http://www.eugenegears.org/). Rides vary in location, distance, and terrain. The main purpose of GEARS is to foster bike riding. All cyclists must wear an ANSI or SNEL/ASTM approved helmet. Riders should also carry a water bottle, tire pump, spare tube and patch kit.

Everyone is welcome to attend Eugene GEARS Board Meetings. For more information or times and location go to [www.eugenegears.org/](http://www.eugenegears.org/)

The Eugene Safe Routes to School Program is a community approach to encourage and enable more people to walk and bike to school safely. We support schools and families in their efforts to increase active transportation choices by supporting individual SRTS committees, growing bicycle and pedestrian education for adults and children, and working to establish policies that encourage healthy, fun, and safe transportation choices.

For more information contact Shane Rhodes at [rhodes\\_sh@4j.lane.edu](mailto:rhodes_sh@4j.lane.edu) or 541-556-3553

Nordic Walkers: For more information on Nordic Walking classes and lesson costs contact Barbara or Dan Gleason: 345-0450 or 345-3974 or email them at [nordicwalkerbg@comcast.net](mailto:nordicwalkerbg@comcast.net)

#### COMMUNITY BIKE BLOGS

[www.eugenecycles.com](http://www.eugenecycles.com)

[www.webikeeeugene.org](http://www.webikeeeugene.org)

[www.eugenebicyclist.com](http://www.eugenebicyclist.com)

[\(TOP\)](#)

#### BUSINESS PARTNERS:

Walk a Smile In: Step up, step out, step forward! Avid longtime walker/retired nurse walks one-on-one with clients to support improving personal and planetary fitness. Call or email for details, charges, appointment. Gift certificates available. Call or email Jenny at 541-343-6049, [walkasmilein@gmail.com](mailto:walkasmilein@gmail.com).

The [Eugene Running Company](#) offers a diverse series of walking and running groups for people of all levels from beginner to the hard-core. All groups and training are lead in a fun and supportive atmosphere. For more information on dates and times go to [www.eugenerunningcompany.com](http://www.eugenerunningcompany.com)

Second Summer Tours is a group led by Rob Templin, a local rider in Eugene. Join Rob and friends as he shares some of the 'secret' paths that will challenge you with tough climbs but reward you with deserted, traffic-free riding; and scenery to take your breath away. Tours are based out of Eugene. For more information go to: <http://www.secondsummertours.com/oregon.php>

Spirited Walkers Group Joining the Spirited Walkers marathon training group is a wonderful way to start the new year by making commitment to becoming more healthy and active, whether you actually want to walk a marathon or not. Registered walkers meet once a month for a sit down meeting of guest speakers who cover information about yoga for walkers, nutrition, hydration, clothes, shoes, and mental training techniques. There is a large group walking every Sunday. Beginning and intermediate mileage schedules are available. If you are interested, please contact Kay Porter at 342-6875 or email [kayporter1@comcast.net](mailto:kayporter1@comcast.net) , or go to [www.thementalathlete.com](http://www.thementalathlete.com) for more information on times and cost.

Walk With Me! Walk the World with Tyler Burgess, fitness walking instructor and marathon walking coach for the University of Oregon and Lane Community College in Eugene, Oregon. Tyler walks to see the world, whether it is a big city, foreign country or our own backyard. Free walking tours take place on Tuesday nights from 5:30 pm to 6:30 pm. Meet at the end of High Street by the Campbell Senior Center. It is free, fun, and for beginners. For more information go to [www.walk-with-me.com](http://www.walk-with-me.com)

[\(TOP\)](#)

~~~~~

This message has been sent by the Transportation Options Team to the individuals and organizations listed in our database who have requested information about transportation activities and options in Eugene, OR. Transportation Options is part of the City of Eugene Public Works Engineering. Our offices are located at 99 E. Broadway, Eugene, OR 97401.

If you do not wish to receive these messages in the future please email [lindsay.r.selser@ci.eugene.or.us](mailto:lindsay.r.selser@ci.eugene.or.us) .

Thank you and our apologies if you received this message in error.

